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Legacy Lines

A Newsletter for Families

January 2023

HAPPY NEW YEAR LEGACY ACADEMY FAMILIES!!

We want to thank you all for your support this year with the change in office and teaching staff. We appreciate your patience and support as we have been trying to find the right fit for our students and company. We are growing and are so thrilled to have you with us as we do so. We would like to welcome Ms. Melanie back from having her beautiful baby boy and with Mrs. Shirl luck as she takes time off to welcome her new little one this month.

Happy birthday

Calloway 13th
Clara 15th
Lorelei 21st
Ari 22nd
Jamari 26th
Kenzington 31st

Take a Peek Inside

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Let's Celebrate



New Year's Day
Sunday, January 1st

Martin Luther King Jr. Day
Monday, January 16th

January Class Themes of the Month



Dreamers ~ Theme: Minnow Magic

Our first month of the year brings many things to the infant classroom. Rhymes, fingerplays, songs, and loads of discovery are just a few of the plans to be carried out. The classroom will be alive with the sounds of happy babies exploring objects with their hands, feet, ears, eyes, noses, and little mouths. Rest assured, our teachers will take cues from your babies, allowing time for choices and self-initiated activities.



Travelers ~ Theme: Row! Row! Row! Your Boat

The New Year brings with it a delightful mix of classroom experiences. The creation of a boat book, winter weather activities, and sitting in a cardboard boat on a paper sea will delight your child. Fish matching, winter prop boxes, and sea snacks round out this dynamic month of winter wonder at Legacy Academy.



Adventurers ~ Theme: Rub-A-Dub-Dub

Our classroom will come alive as our Adventurers imitate and pretend while exploring building and art materials. They will respond to and identify pictures and photographs. Nursery rhymes, flannel boards, fingerplays, songs, and circle time are but a few activities to engage and delight. As always, we will weave letters and numbers into everything we do during this kick off to a great New Year.



Discoverers ~ Theme: Whale Tales

So much is happening this month as our Discoverers learn about the sea and winter. Opportunities for art (wait until you see our self-portraits), cooking, literacy, colors, and shapes will be the glorious start to a new calendar year. You've never imagined so many different kinds of fish or winter symbols.



Voyagers ~ Theme: Do You Know My Friend the Sea?

Programming this month will send our Voyagers on missions of winter fun and exploring the creatures of the sea. We will focus on letter sounds and reinforce letter recognition for our eager learners. Clean-up time to the music of the waves, beach ball rhymes, and a fun circle challenge are but a few engaging activities. Don't forget fingerplays, fun rhymes, and crafts that delight.



Explorers ~ Theme: Seascapes

Our explorers will be diving into the world "under the sea." They'll be creating messages in a bottle, designing and producing their own production of *Rainbow Fish*, and creating an Alphabet Book Sea Edition to name a few of the monthly activities. Our Character-Building Word of the Month is courage, students will be learning about the traits of being courageous and what it means. Continue to talk to your child about courageous attributes at home.

January

Dreamers



Math- Dreamers will work on their seriation skills as they go fishing for shapes. They will work on recognizing object size differences as they choose between large and small frogs.

Science- January is all about discovery as infants get a chance at sensory exploration with water and find their belly buttons!

Social Studies- January's Social Studies Enhanced Learning lessons will focus on sleepy time and teaching your baby how special they are.

Travelers



Math- Travelers will work on their color differentiation skills as they explore with color boats and categorize between color and black and white objects.

Science- Toddlers will learn about how different sea animals walk, swim, and bob their way through life and have the opportunity to explore sand and water.

Social Studies- Travelers will get a chance to work as a group as they become a school of fish! They will also learn about going to the doctor and get a chance to play doctor as they check the vitals of their patients.

Adventurers



Math- Adventurers will hop on down to the bay as they work on their shape recognition skills. They will also work on these skills as they match shaped fish with their corresponding fish bowls.

Science- Adventurers will learn about salt water and the differences between land and sea animals.

Social Studies- Adventurers will learn about firefighters this month and how much they help their community. They will also learn how to turn a crabby mood into a good one!

Discoverers



Math- Discoverers will have a whale of a tale as they hone their counting skills with whale counting and measuring whale spouts!

Science- 3-year old's will dive into the sea as we learn about animals that are hatched from eggs and lots of cool things about octopuses.

Social Studies- This month, Discoverers will learn about our postal system and how letters get to their destination. They will also learn about the different oceans and their locations.

Voyagers



Math- Voyagers will get a chance to keep time as they determine if they need seconds or minutes to complete various activities. They will also work on their understanding of numbers and their relationships to object quantities when they determine if there is more or less of different objects.

Science- 4-year old's will learn about what makes mammals unique and they will dive into all of the zones of the ocean!

Social Studies- This month, Voyagers will learn about islands and will practice following directions as they get a chance to call the shots during Simon Says!

Family New Year's Resolutions

Welcome to 2023! If you typically start the new year with resolutions, consider involving your children in the tradition. **Here are some tips to involve your children in creating New Year's resolutions**

Growth Mindset

Start the conversation by reflecting on the past year. Discuss important events and both individual and family accomplishments. The goal of involving your children in this process is to promote the concept of a growth mindset. Allowing your children the opportunity to grow and better themselves will empower them with the ability to challenge themselves and persevere in times of adversity.



Work Together

Use this as an opportunity to get to know your child better. Take turns saying something you're proud of and something you might want to improve. Dr. Benjamin Siegel, professor of pediatrics and psychiatry at Boston University School of Medicine, suggests saying, "Each one of us is going to state a few things that we want to continue to do and things we'd like to change that would make us feel better about ourselves and how our family works." Your children are more likely to understand the value of goals and personal growth if you take the lead. Make both individual goals and goals as a family and model that growth by following through on your own resolutions as well. You can place the resolutions on a list and hang them in a common area in the house or place them inside a box to review later in the year.

Creating Resolutions

The purpose of helping your children create resolutions is not to point out their shortcomings, but rather to empower them. Make sure resolutions are realistic and developmentally appropriate without making their resolutions for them. Guide them to general categories for change and ask them what they want for themselves and then brainstorm specific ways to make that goal happen. Be open to what's important to them, even if their goals don't seem like "good goals".

Remember to follow up on goals and praise your children for their hard work and growth!

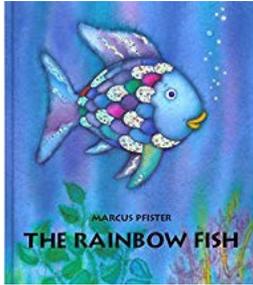
Picture from: Getty Images

For more information, please visit:

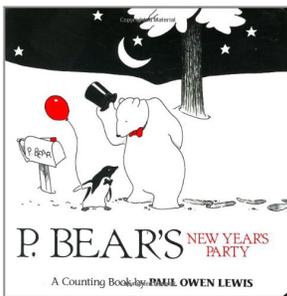
<https://www.parents.com/holiday/new-years/resolution/8-ways-to-help-kids-make-new-years-resolutions/>

<http://www.pbs.org/parents/holidays/making-new-years-resolutions-child/>

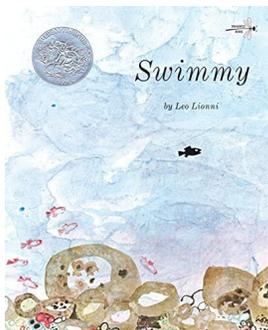
January Books



The Rainbow Fish
By: Marcus Pfister



P. Bears New Year's Party
By: Paul Owen Lewis



Swimmy
By: Leo Lionni

New Year in Review Activity!

Conversations are a great way to stimulate ideas and creativity in young children. As we enter into the New Year, what better time than to get ideas of things your child might want to do this year and all the memories from 2022?



MY YEAR IN REVIEW



Picture of me

Name: _____

Age: _____

Height: _____

School: _____



HAPPY NEW YEAR!

MY GOALS FOR THE YEAR

My goal for 2023: _____

I want to learn: _____

I want to go: _____

I want to try: _____



THE BEST OF THIS YEAR

Movie: _____

Song: _____

Book: _____

Toy: _____

Food: _____

We hope you enjoy looking back on the big and small memories from 2022 and look forward to all the memories coming from 2023!

Printable is available on Pinterest: <https://pin.it/20qfkwt>